



### Objective of class:

Each class encourages discussion about the important tools parents use to parent their child(ren). Participants will discuss ways to:

- Understand a child's brain development
- Encourage cooperation, positive behavior and responsibility
- Improve communication and effective discipline
- Explore techniques for solving the unavoidable problems that may arise

### September 2025

#### Active Parenting (0-5 years)

Thursday 09/04/25 & Friday 09/05/25

Online

Two-day-Online Class **9am-12pm**

#### Active Parenting General

Monday 09/15/25 & Tuesday 09/16/25

New Beginning Building

Two-day-in-person Class **9am-12pm**

**Register Here!**

<https://www.surveymonkey.com/r/JN9MK8P>



Active Parenting Trainings are 6 hours and certificates will be given upon completion of the class.

A minimum of 3 participants are needed for each class.

**For more information, please contact:** Shayla Narcisco (520) 610-3445 or [snarcisco@grhc.org](mailto:snarcisco@grhc.org)

**CALL OR TEXT 988 FOR THE SUICIDE & CRISIS LIFELINE**

**Gila River Indian Community CRISIS HOTLINE: 1-800-259-3449**