

YES TO LIFE! TEEN WORKSHOP

CONNECT WITH OTHER TEENS IN FUN, HANDS-ON SESSIONS AROUND SELF-CARE,
MENTAL HEALTH, AND WAYS TO SUPPORT YOURSELF AND OTHERS



SATURDAY, SEPTEMBER 13 ,2025
DISTRICT 7 SERVICE CENTER
10:00AM - 2:00PM



THURSDAY, SEPTEMBER 18 ,2025
DISTRICT 3 MULTIPURPOSE BUILDING
9:00AM - 1:00PM

PARTICIPATE TO RECEIVE



LUNCH WILL BE PROVIDED



CONTACT EMILY DAVIE TO REGISTER
520-610-5693 OR EDAVIE@GRHC.ORG

PROVIDED BY BEHAVIORAL HEALTH SERVICES

988 SUICIDE & CRISIS LIFELINE: CALL OR TEXT 988

GILA RIVER INDIAN COMMUNITY CRISIS HOTLINE: 1-800-259-3449